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The first phase of the ROAMER project has been devoted to developing an accurate picture of the current state of mental health and well-being research in Europe.

Thematic workshops
A thorough literature mapping at a pan-European level was undertaken to identify the most relevant advances of the last 10 years and current gaps for each research area, which were discussed in parallel thematic workshops by outstanding experts from across Europe.

- **Well-being research**
  Madrid, Spain, 24th-25th April 2012 and 7th February 2013
- **Public health research**
  Copenhagen, Denmark, 21st-24th May 2012
  Gothenburg, Sweden, 14th-15th February 2013
- **Biomedical research**
  Dresden, Germany, 31st-May-1st June 2012
  London, United Kingdom, 28th February 2013
- **Psychological research and treatments**
  Dresden, Germany, 1st-2nd June 2012
  London, United Kingdom, 1st-March 2013
- **Geographic, clinical, multi-disciplinary and life-course integration**
  Amsterdam, The Netherlands, 5th-6th July, 2012 and 18th March 2013
- **Clinical research**
  Amsterdam, The Netherlands, 18th March 2013
- **Social and economic aspects**
  London, United Kingdom, 17th July 2012 and 12th March 2013
- **Research capacity, funding, infrastructures and capacity building**
  Paris, France, 25th September 2012 and 4-5th February 2013

First survey for national stakeholders’ associations
A survey with 108 European national associations of mental health professionals and trainees, as well as individuals with mental health problems and/or carers, was conducted in 2012 to explore their views about mental health research priorities in Europe.

Advisory Boards
ROAMER receives regular advice from external and independent advisory boards that met for the first time in Barcelona in December 2012. The Stakeholder Advisory Board is composed of associations of individuals with mental health problems and carers, academics, and professionals active at the European level, whereas the Scientific Advisory Board is comprised of eminent scientists worldwide.

Government and Funding Institution Council
The Government and Funding Institution Council of ROAMER, including EC officers and European national representatives of policy-makers and funding agencies, met in Brussels in June 2013 to discuss the needs for mental health research in Europe and the possibility of a tight collaboration between EU member states to coordinate their research programmes.

Consensus meetings of the Executive Board
ROAMER’s Executive Board, formed by one representative per partner (including all principal investigators), is the highest decision-making body of the project. They met twice to define the scope and the methodology of the project (November, 2011), and to evaluate and report the first results (December, 2012).

Examples of the needs identified for mental health research in Europe

**Well-being**
- To improve understanding of the relationship between level of well-being and psychopathology
- To establish evidence on the impact and cost-effectiveness of clinical interventions to improve, protect and promote subjective well-being

**Public mental health**
- To identify causes, risk and protective factors, as well as resources for mental health across the lifespan
- To advance the implementation of effective public mental health interventions

**Biomedical research**
- To bridge the gap between diagnoses of mental disorders and underlying neuroscience
- To improve the understanding of functional brain circuitry to seek new therapeutic drugs

**Clinical research**
- To implement user perspectives in mental health research
- To develop new and effective interventions and to make them better available to service-users

**Psychological research**
- To improve understanding of what makes people cross the threshold from mental health to mental illness
- To improve and disseminate psychological therapies, to understand their mechanisms, moderators and mediators, and to implement new technologies for treatment provision

**Infrastructures, funding and capacity building**
- To create networks and multidisciplinary teams for mental health research
- To close the gap between clinical practice and research

**Social and economic aspects**
- To promote access to and continuity of employment opportunities for people with mental health problems
- Health systems level research on the cost-effectiveness of different ways of financing, regulating, organising and providing services to promote and protect mental health

**Stakeholders**
- To improve the quality of mental health services
- To actively involve individuals with mental health problems and carers in mental health research

**Individuals with mental health problems and carers**
- To develop new psychological interventions for mental disorders
- To establish mechanisms to reduce stigma and to improve rehabilitation and social inclusion of people with mental disorders

**Psychiatrists**
- To improve early detection and management of mental disorders
- To develop new medications, and to increase the access to available treatments

- To improve understanding of the relationship between level of well-being and psychopathology
- To establish evidence on the impact and cost-effectiveness of clinical interventions to improve, protect and promote subjective well-being